

Regenesis Equipment Success Stories

REAL RESULTS FROM CLIENTS USING EXOPOD

From deep relaxation to full-body wellness, the ExoPod is transforming the way clients experience recovery and rejuvenation. Whether it's boosting metabolism, relieving muscle tension, or enhancing circulation, this state-of-the-art infrared sauna pod offers a non-invasive solution for total body renewal.



Regenesis Equipment

Case Study #1

Sarah's Wellness Transformation

Treatment:
ExoPod

Total Inch Loss:
6 inches

EXPOD

BEFORE

AFTER



6 SESSIONS

Sarah, a 42-year-old from Austin, TX, struggled with post-workout soreness and wanted a natural way to enhance weight loss and speed up muscle recovery.

Despite regular exercise, she felt fatigued and wasn't seeing the results she wanted.

She committed to a 6-session ExoPod program focused on infrared heat, detox, and muscle recovery.

RESULTS:

- Lost 6 inches overall
- Faster muscle recovery with reduced soreness
- Increased energy and improved relaxation

"I feel lighter, stronger, and more refreshed after every session. My recovery time is so much better!"
– Sarah

Case Study #2

Mark's Athletic Recovery & Performance Boost

Treatment:
ExoPod

Total Inch Loss:
4 inches

EXOPOD

BEFORE



AFTER



4 SESSIONS

Mark, a dedicated fitness enthusiast from Denver, CO, struggled with post-workout soreness and wanted to improve muscle definition. Despite consistent training, he needed a solution to enhance recovery and optimize performance.

He committed to 4 ExoPod sessions targeting muscle relief, infrared heat therapy, and circulation enhancement.

RESULTS:

- Lost 4 inches overall while enhancing muscle tone
- Faster recovery between intense workouts
- Reduced soreness and improved endurance

"I feel stronger, recover faster, and see more definition after every session.

Game changer!"

– Mark

Case Study #3

Michael's Fat Loss & Muscle Recovery Journey

Treatment:
ExoPod

Total Inch Loss:
7 inches

EXPOD

BEFORE



AFTER



5 SESSIONS

Michael, a 42-year-old from Chicago, IL, struggled with stubborn fat and muscle soreness from intense weightlifting.

He wanted a non-invasive way to accelerate fat loss and enhance recovery.

- Lost 7 inches across his midsection after 5 sessions
- Experienced improved muscle recovery and reduced post-workout soreness
- Increased energy levels and circulation for better athletic performance

"The ExoPod helped me recover faster while leaning out—this has been a game-changer for my fitness!"

– Michael

Case Study #4

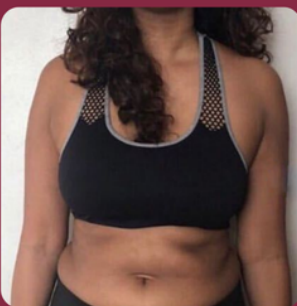
Ava's Postpartum Slimming & Toning Transformation

Treatment:
ExoPod

Total Inch Loss:
6 inches

EXPOD

BEFORE



AFTER



4 SESSIONS

Ava, a 34-year-old mother from Austin, TX, wanted to shed post-baby weight and tone her core.

She was looking for a natural, effective solution that fit her busy schedule.

RESULTS:

- Lost 6 inches overall in just 4 sessions
- Reduced bloating and tightened loose skin around her abdomen
- Felt more confident and energized throughout the day

"This was exactly what I needed after pregnancy. I feel stronger, leaner, and more like myself again!"

– Ava

Case Study #5

Lena's Detox & Slimming Experience

Treatment:
ExoPod

Total Inch Loss:
5 inches

EXPOD

BEFORE



AFTER



4 SESSIONS

Lena, a 29-year-old from Denver, CO, wanted to detoxify her body, reduce stubborn belly fat, and improve her skin's texture and elasticity.

She was looking for a relaxing, non-invasive solution that could help her feel lighter, more energized, and confident in her own skin.

RESULTS:

- Lost 5 inches across her midsection after 4 sessions
- Felt lighter, more refreshed, and experienced deep relaxation
- Skin appeared smoother and more radiant

"I love how much better I feel after each session. My body feels lighter, and my skin glows!"

– Lena

Case Study #6

Daniel's Complete Body Rejuvenation

Treatment:
ExoPod

Total Inch Loss:
12 inches

EXPOD

BEFORE



AFTER



8 SESSIONS

Daniel, a 48-year-old from Los Angeles, CA, was seeking a non-invasive way to kickstart his weight loss journey, boost his metabolism, and improve his overall well-being.

He wanted a treatment that would not only help shed excess weight but also enhance circulation, relieve stress, and support long-term wellness.

RESULTS:

- Dropped 12 inches across his body after 8 sessions
- Noticed tighter, more defined skin with improved elasticity
- Reported better sleep, reduced stress, and increased energy levels

"This is the easiest and most effective way I've ever lost weight and felt better in my body!"

– Daniel